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Capturing the excitement and energy of paintball, this dynamic handbook provides a wealth of information for both beginning and advanced players. Photos. Are you intent on capturing the perfect sunset? A budding photojournalist? Or ready to take your holiday snaps to the next level? The Complete Guide to Digital Photography is your definitive guide to taking, processing and printing sharper, more colourful and better looking pictures. Ian Farrell's expert tips take you from the basics of using your camera to advanced darkroom techniques with 52 step-by-step projects including portraits, landscapes, still-life images, fast-moving objects and photographing live events. Introducing you to the latest software and techniques and featuring technical tips, interviews with the professionals, troubleshooting and over 400 inspirational images, the Complete Guide to Digital Photography is the ultimate master class in digital photography. Contents include: Portrait photography, Landscape photography, Street photography, Nature and wildlife, Dynamic live action, Special effects, Macro photography, Travel photography, Wedding photography, Digital darkroom, Colour management, Sharpening, High dynamic range, Skin smoothing, Printing your images, Making a portfolio, Your first exhibition, Selling your photographs. Compilation of Complete Blues Guitar Books The Witch's Complete Guide to Self-Care is a modern guide for the modern witch filled with ways to reclaim your purpose and sense of self. Growing fantastic roses is a snap for readers of this gloriously illustrated guide to cultivating this difficult-to-grow and most precious of flowers that offers profiles of the five hundred finest rose varieties for North America while sharing useful advice on arranging, preserving, and exhibiting roses. Original. 35,000 first printing. Save 30% on home construction! Whether you want to take on all the responsibility of contracting your home or simply want to intelligently communicate with your homebuilder, The Complete Guide to Contracting Your Home can help you save 30% or more on the cost of home construction by teaching you the ins and outs of managing your construction project. Learn how to get your project off to a solid start. Get financial and legal details in language you can understand. Learn what to consider when selecting a lot and how to deal with suppliers, labor and subcontractors. Gain understanding of building codes and inspections so you can manage with authority, confidence, and efficiency. This extensive guide walks you through each phase of construction including preconstruction, foundations, framing, roofing, plumbing, electrical, masonry, siding, insulation, drywall, trim, painting, cabinetry, countertops, flooring, tile and landscaping. Completely revised and updated, this edition includes a new section on sustainable building as well as the most comprehensive building resources section ever compiled. You'll find schedules, order forms, control logs, contracts and checklists to help keep your project on track. The story of Dr. Who and thus the story of British TV in the final third of this century - from the counter-culture 60s to the shallow waters of the 90s. Along the way there are shock revelations and liberal doses of humour. As well as an introductory essay, each Doctor's era is put under the microscope with facts and informed opinion. There is an in-depth reference section detailing further reading, websites and a short history of spin-off stories and

merchandising. A straightforward guide to leveraging your company's intellectual capital by creating a knowledge management culture

The Complete Guide to Knowledge Management offers managers the tools they need to create an organizational culture that improves knowledge sharing, reuse, learning, collaboration, and innovation to ensure measurable growth. Written by internationally recognized knowledge management pioneers, it addresses all those topics in knowledge management that a manager needs to ensure organizational success. Provides plenty of real-life examples and case studies Includes interviews with prominent managers who have successfully implemented knowledge management structures within their organizations Offers chapters composed of short theoretical explanations and practical methods that you can utilize, based primarily on hands-on author experience Taking an intellectual journey into knowledge management, beginning with an understanding of the concept of intellectual capital and how to establish an appropriate culture, this book looks at the human aspects of managing knowledge workers, promoting interactions for knowledge creation and sharing. A clear understanding of God 's grace is empowering but explanations of grace often do more to muddy the water than clarify the meaning. The words grace, mercy and salvation are used interchangeably in ways inconsistent with the original Hebrew and Greek. Frequently grace is defined as unmerited favâ ? however, when we focus on how unworthy we are to receive it, we make it more about us than about God and risk missing the full impact of his favor. **The Complete Guide to Grace** is a refreshing, motivating and comprehensive study that clears up misconceptions about grace. It reveals foundational truths about grace, mercy and forgiveness that can radically change your life. It will help you discover for yourself what Abraham discovered about grace, faith and obedience. Worksheets throughout the book make it useful as a personal or group study guide. Explains how to prevent and treat common illnesses with diet and nutrition, herbalism, homeopathy, Chinese medicine, massage, and exercise Leading experts on the science, history, politics, medicine, and potential of America's most popular recreational drug • With contributions by Andrew Weil, Michael Pollan, Lester Grinspoon, Allen St. Pierre (NORML), Tommy Chong, and others • Covers marijuana's physiological and psychological effects, its medicinal uses, the complex politics of cannabis law, pot and parenting, its role in creativity, business, and spirituality, and much more Exploring the role of cannabis in medicine, politics, history, and society, **The Pot Book** offers a compendium of the most up-to-date information and scientific research on marijuana from leading experts, including Lester Grinspoon, M.D., Rick Doblin, Ph.D., Allen St. Pierre (NORML), and Raphael Mechoulam. Also included are interviews with Michael Pollan, Andrew Weil, M.D., and Tommy Chong as well as a pot dealer and a farmer who grows for the U.S. Government. Encompassing the broad spectrum of marijuana knowledge from stoner customs to scientific research, this book investigates the top ten myths of marijuana; its physiological and psychological effects; its risks; why joints are better than water pipes and other harm-reduction tips for users; how humanity and cannabis have co-evolved for millennia; the brain's cannabis-based neurochemistry; the complex politics of cannabis law; its potential medicinal uses for cancer, AIDS, Alzheimer's, multiple sclerosis, and other illnesses; its role in creativity, business, and spirituality; and the complicated world of pot and parenting. As legalization becomes a reality, this book candidly offers necessary facts and authoritative opinions in a society full of marijuana myths, misconceptions, and stereotypes. Presents tips and advice for professionals who are creating or overseeing service-learning programs. This volume combines six well-known books by celebrated artist and lecturer George A. Bridgman, who taught figure and anatomy drawing at New York City's Art Students League. In this fifth edition, the interior art has been cleaned and the design freshened in two-color. In its sleek new format, this authoritative volume is sure to continue as one of the premier figure-drawing publications of all time. • Reviews of more than 900 manga series • Ratings from 0 to 4 stars • Guidelines for age-appropriateness • Number of series volumes • Background info on series and artists **THE ONE-STOP RESOURCE FOR CHOOSING BETWEEN THE BEST AND THE REST!** Whether you're new to the world of manga-style graphic novels or a longtime reader on the lookout for the next hot series, here's a comprehensive guide to the wide, wonderful world of Japanese comics! • Incisive, full-length reviews of stories and artwork • Titles rated from zero to four stars—skip the clunkers, but don't miss the hidden gems • Guidelines for age-appropriateness—from strictly mature to kid-friendly • Profiles of the biggest names in manga, including CLAMP, Osamu Tezuka, Rumiko Takahashi, and many others • The facts on the many kinds of manga—know your shôjo from your shônens • An overview of the manga industry and its history • A detailed bibliography and a glossary of manga terms **LOOK NO FURTHER, YOU'VE FOUND YOUR IDEAL MANGA COMPANION!** Uncover the mysteries of space, from stars and planets to space travel. Explore the International Space Station, meet the Curiosity rover as it tours Mars, and learn how to observe the night sky.-- The classic guide to self-sufficiency, with more than 200,000 copies sold—now fully updated! Anyone who wants to learn basic living skills—the kind employed by our forefathers—and adapt them for a better life in the twenty-first century need look no further than this eminently useful, full-color guide. Countless readers have turned to **Back to Basics** for inspiration and instruction, escaping to an era before power saws and fast-food restaurants and rediscovering the pleasures and challenges of a healthier, greener, and more self-sufficient lifestyle. Now newly updated, the hundreds of projects, step-by-step sequences, photographs, charts, and illustrations in

Back to Basics will help you dye your own wool with plant pigments, graft trees, raise chickens, craft a hutch table with hand tools, and make treats such as blueberry peach jam and cheddar cheese. The truly ambitious will find instructions on how to build a log cabin or an adobe brick homestead. More than just practical advice, this is also a book for dreamers—even if you live in a city apartment, you will find your imagination sparked, and there’s no reason why you can’t, for example, make a loom and weave a rag rug. Complete with tips for old-fashioned fun (square dancing calls, homemade toys, and kayaking tips), this may be the most thorough book on voluntary simplicity available. The definitive sports nutrition book is now in its 9th edition - regarded in the industry as core reading for anyone involved in sport and fitness. Anita Bean once again succeeds in demystifying the sports person's diet in her inimitable clear and concise style. The complete story of the universe and absolutely everything in it (minus the boring parts). Despite our clever linguistic abilities, humans are spectacularly ill-equipped to comprehend what’s happening in the universe. Our senses and intuition routinely mislead us. The Complete Guide to Absolutely Everything (Abridged) tells the story of how we came to suppress our monkey minds and perceive the true nature of reality. Written with wit and humor, this brief book tells the story of science—tales of fumbles and missteps, errors and egos, hard work, accidents, and some really bad decisions—all of which have created the sum total of human knowledge. Geneticist Adam Rutherford and mathematician Hannah Fry guide readers through time and space, through our bodies and brains, showing how emotions shape our view of reality, how our minds tell us lies, and why a mostly bald and curious ape decided to begin poking at the fabric of the universe. Rutherford and Fry shine as science sleuths, wrestling with some truly head-scratching questions: Where did time come from? Do we have free will? Does my dog love me? Hilarious sidebars present memorable scientific oddities: for example, hypnotized snails, human-sized ants, and the average time it takes most animals to evacuate their bladders. (A surprisingly consistent twenty-one seconds, if you must know.) Both rigorous and playful, The Complete Guide to Absolutely Everything (Abridged) is a celebration of the weirdness of the cosmos, the strangeness of humans, and the joys and follies of scientific discovery. Updated and redesigned editions of the classic guides to the music of the world’s best known acts. Written by experts, each book examines every song in a given artist’s recorded repertoire, making it an invaluable guide for collectors and fans alike. If you’re looking for practical information to answer all your “How?” “What?” and “Why?” questions about money, this book is for you. Dave Ramsey’s Complete Guide to Money covers the A to Z of Dave’s money teaching, including how to budget, save, dump debt, and invest. You’ll also learn all about insurance, mortgage options, marketing, bargain hunting and the most important element of all?giving. This is the handbook of Financial Peace University. If you’ve already been through Dave’s nine-week class, you won’t find much new information in this book. This book collects a lot of what he’s been teaching in FPU classes for 20 years, so if you’ve been through class, you’ve already heard it! It also covers the Baby Steps Dave wrote about in The Total Money Makeover, and trust us?the Baby Steps haven’t changed a bit. So if you’ve already memorized everything Dave’s ever said about money, you probably don’t need this book. But if you’re new to this stuff or just want the all-in-one resource for your bookshelf, this is it! Take Control of Your Comics-Making Destiny Creating your own comic is easier than ever before. With advances in technology, the increased connectivity of social media, and the ever-increasing popularity of the comics medium, successful DIY comics publishing is within your reach. With The Complete Guide to Self-Publishing Comics, creators/instructors Comfort Love and Adam Withers provide a step-by-step breakdown of the comics-making process, perfect for any aspiring comics creator. This unprecedented, in-depth coverage gives you expert analysis on each step—writing, drawing, coloring, lettering, publishing, and marketing. Along the way, luminaries in the fields of comics, manga, and webcomics—like Mark Waid, Adam Warren, Scott Kurtz, and Jill Thompson—lend a hand, providing “Pro Tips” on essential topics for achieving your comics-making dreams. With the insights and expertise contained within these pages, you’ll have everything you need and no excuses left: It’s time to make your comics! A guide to the theory, aesthetics, and techniques of animation features detailed instructions, projects, and discussions on such topics as basic movement, and digital ink and paint. "Dave Barry is one funny human." --San Francisco Examiner For thousands of years, women have asked themselves: What is the deal with guys, anyway? What are they thinking? The answer, of course, is: virtually nothing. Deep down inside, guys are extremely shallow. But that has not stopped Dave Barry from writing an entire book about them. If you're a guy--or if you're attempting to share a remote control with one--you need this book, because it deals frankly and semi-thoroughly with such important guy issues as: Scratching The role of guys in world history, including the heretofore-unknown relationship between the discovery of North America and golf Why the average guy can remember who won the 1960 World Series, but not necessarily the names of all his children The Noogie Gene Why guys cannot simultaneously think and look at breasts Secret guy orgasm-delaying techniques, including the Margaret Thatcher Method Why guys prefer to believe that there is no such thing as a prostate And much, much more "Whether you're a guy--or attempting to share a bathroom with one--Barry has some wacky words of wisdom for you." --USA Today Here are all 63 of the country’s epic national-park locations in one comprehensive and visually stunning book! t’s been over 100 years since the Grand Canyon’s designation as a national park, and 150 years since

Yellowstone became the United States' first designated national park. Since then, the U.S. National Parks have become some of the nation's most treasured places visited by millions of people each year. Their names evoke grandeur and pride and are on most people's bucket list of places to see. Did you know the U.S. hosts the clearest lake on earth, the tallest granite monolith and the greatest concentration of geothermal features on the planet? It's all here in the United States, preserved for generations as part of the National Park System, America's "best idea." Centennial is proud to present this beautiful, informative and inspiring coffee table book in which readers explore all 61 of the country's epic national-park locations. From the awesome vastness of the Grand Canyon to the arches, spires and buttes of Utah's Mighty 5, discover nature's marvels—thundering waterfalls, ancient glaciers, majestic mountains, complex waterways and volatile volcanoes—plus a tribute to the nation's greatest manmade monuments, including the St. Louis Arch, the Golden Gate Bridge and the Statue of Liberty. Whether savoring the sunrise from Maui's highest peak or toasting the sunset on Cadillac Mountain in Maine, travelers will relish our celebration of America the Beautiful, a keepsake that's as relevant on the coffee table as it is on the open road.

Get Answers to All Your Questions About Financing Real Estate Development -- and Tailor a Finance Package that Meets Specific Your Needs The Complete Guide to Financing Real Estate Developments offers a detailed roadmap to navigate the complex process of financing small to large-scale real estate projects, such as office buildings, apartment complexes, and hotels. Real estate expert Ira NACHEM explores the pros and cons of large versus small institutions; how to structure and present a loan proposal, the approval and closing processes; the truth about appraisals, guarantees, insurance and lien law; financial and physical bonuses and constraints, environmental issues and many other topics. NACHEM presents in-depth information and explanations that answers questions on: Who the Commercial Real Estate Lender Really Is What Information Should the Borrower Produce How a Workable Budget is Created How the Lender Evaluates a Borrower What the True Value of an Appraisal Is What goes into a Lender's Loan Presentation What to Expect at a Closing What Key Legal Documents are Most Important What the True Value of a Guarantee Is How the Borrower and Lender Prepare for the Funding Process What Is Involved in Loan Administration After the Closing What Is the View from the Borrower's Perspective What Are some of the Constraints and Incentives to Development What Are the Values and Risks of Insurance and Bonding What Is the Reason for Title Insurance and how does it work What Are the Complexities of Lien Law and how does it work How Is the Loan Eventually Repaid What Real Estate Math Is Essential for the Professional How Important Are Environmental Issues How Can the Lender Find New Loan Prospects What Are the Risks and Rewards of Loan Participations Featuring a wide range of helpful examples and illustrations, The Complete Guide to Financing Real Estate Developments covers many of the day-to-day realities faced in the real estate industry including the differing perspectives of lenders and borrowers, their personal pressures, personalities and politics, and much more. Imprint. This text should be useful for people who are interested in becoming coaches and those already practising, assuming no previous knowledge or training in this area. It explains the differences from other related occupations that are often associated with coaching such as consulting and mentoring.

GIMP is a free alternative to Adobe Photoshop with tons of professional-grade features. But with so many powerful tools and menu options, GIMP can be difficult to master. Whether you're struggling to get started or trying to master some of GIMP's more complex features, you'll find the answers you're looking for in The Book of GIMP. The tutorials in the first half of the book walk you through essential GIMP skills, like resizing and cropping images, touching up spots and scratches, and customizing your work area. Illustrated, step-by-step instructions show you how to: –Improve the lighting and composition of images –Remove distortions and noise to make old and damaged photos look like new –Create stunning panoramas and digital collages using a series of photos –Make, edit, and export custom textures, logos, and animated GIFs –Work with selections, channels, and masks to edit images like a pro –Create colorful digital art, layer by layer The book's second half offers a comprehensive reference to GIMP's many features, including color balancing, masks, filters, and plug-ins. You'll find tools described in unparalleled detail, with coverage of nearly every option and parameter. With illustrated tutorials and detailed references, The Book of GIMP is sure to become your one-stop guide to just about everything GIMP.

Buying a new home can be an expensive endeavor. Many people dream of building their own home but mistakenly believe that doing so is not cost effective. However, you can save 20 to 40 percent or more by building your own home. In The Complete Guide to Building Your Own Home and Saving Thousands on Your New House you will discover that your dream can become reality. From basic planning to construction methods, this new book will take you through all the steps of building your own home. You will learn how to: choose a site, draw up a construction time line, apply for construction loans and financing, obtain essential insurance information, buy or prepare inexpensive plans, find and negotiate with subcontractors, comply with building codes, select features and fixtures, choose the style of the house, decide on the size of the rooms, and get building permits. You will learn about building materials and foundations, floors, walls, paint, windows, decks, garage doors, roofing, flashings, chimneys, plumbing, wiring, ceilings, floors, railings, and attics. In addition, you will learn how to design a home that will meet your needs, perform constructions tasks safely, and build amenities. This book will inform you about common problems to watch for, including foundation,

roofing, walls, stairs, sidewalks, driveways, heating and cooling, electrical capacity, and wiring. This book will detail money-saving options and environmentally friendly techniques, while at the same time allowing you to monitor the quality of the materials and the workmanship, fine-tune the design, and make sure the results are exactly what you had envisioned. Atlantic Publishing is a small, independent publishing company based in Ocala, Florida. Founded over twenty years ago in the company president's garage, Atlantic Publishing has grown to become a renowned resource for non-fiction books. Today, over 450 titles are in print covering subjects such as small business, healthy living, management, finance, careers, and real estate. Atlantic Publishing prides itself on producing award winning, high-quality manuals that give readers up-to-date, pertinent information, real-world examples, and case studies with expert advice. Every book has resources, contact information, and web sites of the products or companies discussed. A revised and updated second edition of the popular Complete Guide to Personal Training. Aimed at anyone working as, or training to be a Personal Trainer. The text will be revised throughout, with a new chapter on fitness testing (around 32pp new content) It will also include new sections on HIIT, CrossFit, adapting exercises for outdoor spaces, as well as updates to the nutrition chapter to reflect current thinking and updates to the Occupational Standards which have changed since the last publication in August 2013. This is a complete reference guide for fitness professionals who prescribe exercise programmes to clients. This guide contains practical tips for designing a range of appropriate client exercise programmes but always with a focus on the best ways you can sustain a financially successful business in this area and how you can stand out from the crowd. It includes: The foundations of personal training; Planning and delivering exercise programmes; Training methods and exercise techniques; Nutrition; Health and safety; Setting up, marketing and growing a successful business. If you want to understand God better-- and know how He undergirds your entire life-- read The Complete Guide to the Names of God. This "readable reference" from George W. Knight--author of the popular Layman's Bible Dictionary and Holy Land Handbook--contains hundreds of entries on the fascinating and informative names of God, Jesus, and the Holy Spirit. But that's not all. This lavishly illustrated guide also describes characteristics of God, such as His eternality, jealousy, and omniscience key people and places in God's biblical history, from Aaron to Zion and important theological concepts, including apostasy, regeneration, and worship Illustrated with full-color artwork and containing hundreds of cross-references, The Complete Guide to the Names of God is ideal both for fascinating reading and serious Bible study. Interesting to read and easy to consult, The Complete Guide to the Bible is a reliable, jargon-free handbook for average people who want to better understand the entire Bible. Captivating writing along with beautifully designed and illustrated pages entice readers into the book and keep them lingering throughout its 512 pages. This latest project from Steve Miller, author of the best-selling Who's Who and Where's Where in the Bible, provides both the big-picture view of the whole Bible and its individual books, as well as fascinating detail on particular passages and topics. Some of us take pride and pleasure in our needlework skills, while others of us have been drawn to sewing crafts but haven't been confident enough to try them. Happily, this book is a gold mine of instruction and inspiration for everyone, whatever your level of skill. When it comes to dating, romance and all things sensual, few figures are quite as revered as Dr. Chuck Tingle; erotica author, cultural icon, and now self-help guru. As the generation's leading voice on the subject of sex, Dr. Tingle has blown the lid off of dating in modern times, revealing his hard earned tips and tricks for navigating the waters of single life and beyond. With Dr. Chuck Tingle's Complete Guide To Romance, readers now have a glimpse into the mysterious world of Tingle, covering relationship advice for all four datable creatures: Dinosaurs, unicorns, bigfeet and living objects. Chuck also provides his wisdom on unconventional relationships, like submissive, domineering, open relationships, ghost relationships and more. For readers with a culinary or wizardly bent, Chuck includes his signature recipe for spaghetti and chocolate milk, as well as a spell book geared specifically towards romance. Ladies and gentlemen, the doctor is in. Warning: This book includes graphic depictions of gay sexuality. Reader discretion is advised. Sleeting, growing and displaying Orchids. Endorsed by the American Orchid Society.

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