

# Read Book Give And Take A Revolutionary Approach To Success Pdf For Free

Give and Take **Give and Take** The Gift Inside the Box *Originals* **Give and Take** How to Be a High School Superstar **Revolutionary Road** *It Takes a Revolution* Revolutionary War on Wednesday Revolutionary Power **Taking Sides** *The British Are Coming From To-Do to Done* **Revolutionary Founders** *Doing What Matters* **Taking Cover** Love Is a Revolution *Blueprint for Revolution* *You Are Revolutionary* *I Survived the American Revolution, 1776 (I Survived #15)* **Do Less** You Can't Lie to Me **See No Stranger** **Do Nothing** **Something Fierce** Revolution **Option B** **Herbal Revolution** **The Power of Receiving** *The State and Revolution* **Give and Take** **Revolution from Within** *Manifesto for a Moral Revolution* **Beethoven: The Relentless Revolutionary** *Revolutionary* *Revolutionary Friends* *Revolution (The Sol Saga Book 1)* **Think Again** **Emotional Equations** *The Writing Revolution*

Greed and corruption are the bedfellows of war. When the president of the UN's Interplanetary Council is assassinated, General Keith Brennan's investigation points to the entitled son of a Martian billionaire. Was he framed? The conspiracy soon goes deeper than anyone believed. As the tentative peace between Earth and the Martian Colonies fractures, Brennan's career is on the line. He must prevent the system from plunging into war... if it isn't already too late. Do Less, Live More, Get Accepted What if getting into your reach schools didn't require four years of excessive A.P. classes, overwhelming activity schedules, and constant stress? In *How to Be a High School Superstar*, Cal Newport explores the world of relaxed superstars—students who scored spots at

the nation's top colleges by leading uncluttered, low stress, and authentic lives. Drawing from extensive interviews and cutting-edge science, Newport explains the surprising truths behind these superstars' mixture of happiness and admissions success, including:

- Why doing less is the foundation for becoming more impressive.
- Why demonstrating passion is meaningless, but being interesting is crucial.
- Why accomplishments that are hard to explain are better than accomplishments that are hard to do.

These insights are accompanied by step-by-step instructions to help any student adopt the relaxed superstar lifestyle—proving that getting into college doesn't have to be a chore to survive, but instead can be the reward for living a genuinely interesting life. Newly updated: The bestseller “that could bring the human race a little closer to rescuing itself” from the subject of the film *The Two Glorias* (Naomi Wolf). Without self-esteem, the only change is an exchange of masters; with it, there is no need for masters. When trying to find books to give to “the countless brave and smart women I met who didn't think of themselves as either brave or smart,” Steinem realized that books either supposed that external political change would cure everything or that internal change would. None linked internal and external change together in a seamless circle of cause and effect, effect and cause. She undertook to write such a book, and ended up transforming her life, as well as the lives of others. The result of her reflections is this truly transformative book: part personal collection of stories from her own life and the lives of many others, part revolutionary guide to finding community and inspiration. Steinem finds role models in a very young and uncertain Gandhi as well as unlikely heroes from the streets to history. *Revolution from Within* addresses the core issues of self-authority and unjust external authority, and argues that the first is necessary to transform the second. This ebook features an illustrated biography of Gloria Steinem including rare images from the author's personal collection, as well as a new preface and list of book recommendations from Steinem. Janine Driver was trained as a lie detection expert for the ATF, FBI, and the CIA and is a New York Times bestselling author (*You Say More Than You Think*). Now she makes a powerful and incontrovertible declaration: *You Can't Lie to Me*. Driver—who is known in professional

circles as “the Lyin’ Tamer” and has demonstrated her world-renowned expertise on such programs as The Today Show, The Dr. Oz Show, and Nancy Grace—now offers readers essential tools that will enable them to detect deceptions, recognize a liar, and ultimately improve their lives. For readers of Never Be Lied to Again by David Lieberman and anyone worried about the possibility of cheating partners, devious co-workers, lying employees, or ubiquitous con men, You Can’t Lie to Me will help you uncover the truth in any situation while giving you the skills you need to keep yourself happy, your family safe, and your business protected. Why you need a writing revolution in your classroom and how to lead it The Writing Revolution (TWR) provides a clear method of instruction that you can use no matter what subject or grade level you teach. The model, also known as The Hochman Method, has demonstrated, over and over, that it can turn weak writers into strong communicators by focusing on specific techniques that match their needs and by providing them with targeted feedback. Insurmountable as the challenges faced by many students may seem, The Writing Revolution can make a dramatic difference. And the method does more than improve writing skills. It also helps: Boost reading comprehension Improve organizational and study skills Enhance speaking abilities Develop analytical capabilities The Writing Revolution is as much a method of teaching content as it is a method of teaching writing. There's no separate writing block and no separate writing curriculum. Instead, teachers of all subjects adapt the TWR strategies and activities to their current curriculum and weave them into their content instruction. But perhaps what's most revolutionary about the TWR method is that it takes the mystery out of learning to write well. It breaks the writing process down into manageable chunks and then has students practice the chunks they need, repeatedly, while also learning content. NATIONAL BOOK AWARD FINALIST • Frank and April Wheeler are a bright, beautiful, talented couple in the 1950s whose perfect suburban life is about to crumble in this "moving and absorbing story" (The Atlantic Monthly) from one of the most acclaimed writers of the twentieth century. "The Great Gatsby of my time...one of the best books by a member of my generation." —Kurt Vonnegut, acclaimed author of Slaughterhouse-Five

Perhaps Frank and April Wheeler married too young and started a family too early. Maybe Frank's job is dull. And April never saw herself as a housewife. Yet they have always lived on the assumption that greatness is only just around the corner. But now that certainty is about to unravel. With heartbreaking compassion and remorseless clarity, Richard Yates shows how Frank and April mortgage their spiritual birthright, betraying not only each other, but their best selves. In his introduction to this edition, novelist Richard Ford pays homage to the lasting influence and enduring power of *Revolutionary Road*. "An instant classic." —Arianna Huffington "Will inspire people from across the political spectrum." —Jonathan Haidt Longlisted for the Porchlight Business Book of the Year Award, an essential shortlist of leadership ideas for everyone who wants to do good in this world, from Jacqueline Novogratz, author of the New York Times bestseller *The Blue Sweater* and founder and CEO of Acumen. In 2001, when Jacqueline Novogratz founded Acumen, a global community of socially and environmentally responsible partners dedicated to changing the way the world tackles poverty, few had heard of impact investing—Acumen's practice of "doing well by doing good." Nineteen years later, there's been a seismic shift in how corporate boards and other stakeholders evaluate businesses: impact investment is not only morally defensible but now also economically advantageous, even necessary. Still, it isn't easy to reach a success that includes profits as well as mutually favorable relationships with workers and the communities in which they live. So how can today's leaders, who often kick off their enterprises with high hopes and short timetables, navigate the challenges of poverty and war, of egos and impatience, which have stymied generations of investors who came before? Drawing on inspiring stories from change-makers around the world and on memories of her own most difficult experiences, Jacqueline divulges the most common leadership mistakes and the mind-sets needed to rise above them. The culmination of thirty years of work developing sustainable solutions for the problems of the poor, *Manifesto for a Moral Revolution* offers the perspectives necessary for all those—whether ascending the corporate ladder or bringing solar light to rural villages—who seek to leave this world better off than they found it. A fascinating and in-depth

exploration of how the Enlightenment, the French Revolution, and Napoleon shaped Beethoven's political ideals and inspired his groundbreaking compositions. Beethoven imbibed Enlightenment and revolutionary ideas in his hometown of Bonn, where they were fervently discussed in cafés and at the university. Moving to Vienna at the age of twenty-one to study with Haydn, he gained renown as a brilliant pianist and innovative composer. In that conservative city, capital of the Hapsburg empire, authorities were ever watchful to curtail and punish overt displays of radical political views. Nevertheless, Beethoven avidly followed the meteoric rise of Napoleon. As Napoleon had made strides to liberate Europe from aristocratic oppression, so Beethoven desired to liberate humankind through music. He went beyond the musical forms of Haydn and Mozart, notably in the Eroica Symphony and his opera *Fidelio*, both inspired by the French Revolution and Napoleon. John Clubbe illuminates Beethoven as a lifelong revolutionary through his compositions, portraits, and writings, and by setting him alongside major cultural figures of the time—among them Schiller, Goethe, Byron, Chateaubriand, and Goya. The #1 New York Times bestseller that examines how people can champion new ideas in their careers and everyday life—and how leaders can fight groupthink, from the author of *Think Again* and co-author of *Option B* “Filled with fresh insights on a broad array of topics that are important to our personal and professional lives.”—The New York Times DealBook “Originals is one of the most important and captivating books I have ever read, full of surprising and powerful ideas. It will not only change the way you see the world; it might just change the way you live your life. And it could very well inspire you to change your world.” —Sheryl Sandberg, COO of Facebook and author of *Lean In With Give and Take*, Adam Grant not only introduced a landmark new paradigm for success but also established himself as one of his generation's most compelling and provocative thought leaders. In *Originals* he again addresses the challenge of improving the world, but now from the perspective of becoming original: choosing to champion novel ideas and values that go against the grain, battle conformity, and buck outdated traditions. How can we originate new ideas, policies, and practices without risking it all?

Using surprising studies and stories spanning business, politics, sports, and entertainment, Grant explores how to recognize a good idea, speak up without getting silenced, build a coalition of allies, choose the right time to act, and manage fear and doubt; how parents and teachers can nurture originality in children; and how leaders can build cultures that welcome dissent. Learn from an entrepreneur who pitches his start-ups by highlighting the reasons not to invest, a woman at Apple who challenged Steve Jobs from three levels below, an analyst who overturned the rule of secrecy at the CIA, a billionaire financial wizard who fires employees for failing to criticize him, and a TV executive who didn't even work in comedy but saved *Seinfeld* from the cutting-room floor. The payoff is a set of groundbreaking insights about rejecting conformity and improving the status quo. #1 New York Times Bestseller

“THIS. This is the right book for right now. Yes, learning requires focus. But, unlearning and relearning requires much more—it requires choosing courage over comfort. In *Think Again*, Adam Grant weaves together research and storytelling to help us build the intellectual and emotional muscle we need to stay curious enough about the world to actually change it. I've never felt so hopeful about what I don't know.”

—Brené Brown, Ph.D., #1 New York Times bestselling author of *Dare to Lead*

The bestselling author of *Give and Take* and *Originals* examines the critical art of rethinking: learning to question your opinions and open other people's minds, which can position you for excellence at work and wisdom in life

Intelligence is usually seen as the ability to think and learn, but in a rapidly changing world, there's another set of cognitive skills that might matter more: the ability to rethink and unlearn. In our daily lives, too many of us favor the comfort of conviction over the discomfort of doubt. We listen to opinions that make us feel good, instead of ideas that make us think hard. We see disagreement as a threat to our egos, rather than an opportunity to learn. We surround ourselves with people who agree with our conclusions, when we should be gravitating toward those who challenge our thought process. The result is that our beliefs get brittle long before our bones. We think too much like preachers defending our sacred beliefs, prosecutors proving the other side wrong, and politicians campaigning for approval--and too

little like scientists searching for truth. Intelligence is no cure, and it can even be a curse: being good at thinking can make us worse at rethinking. The brighter we are, the blinder to our own limitations we can become. Organizational psychologist Adam Grant is an expert on opening other people's minds--and our own. As Wharton's top-rated professor and the bestselling author of *Originals* and *Give and Take*, he makes it one of his guiding principles to argue like he's right but listen like he's wrong. With bold ideas and rigorous evidence, he investigates how we can embrace the joy of being wrong, bring nuance to charged conversations, and build schools, workplaces, and communities of lifelong learners. You'll learn how an international debate champion wins arguments, a Black musician persuades white supremacists to abandon hate, a vaccine whisperer convinces concerned parents to immunize their children, and Adam has coaxed Yankees fans to root for the Red Sox. *Think Again* reveals that we don't have to believe everything we think or internalize everything we feel. It's an invitation to let go of views that are no longer serving us well and prize mental flexibility over foolish consistency. If knowledge is power, knowing what we don't know is wisdom. Adam Grant, the bestselling author of *Give and Take*, teams with his wife, Allison, to share the lighthearted tale of a gift in search of a giver--a classic in the making and the perfect conversation starter about thoughtfulness. This delightful book--one of Amazon's 2019 Holiday Gift Picks and Most Anticipated Books--is designed to start conversations with kids about generosity. In the tradition of *Goodnight Gorilla*, the words are intentionally spare. The book is meant to be read interactively, with adults posing questions so kids can guess what's happening (and why). Praised by both parents and teachers for sparking imagination and eliciting discussion, the story can be interpreted differently in every family, by every child, and reinterpreted many times over. Give the gift of this clever, earnest book about generosity--a new and nourishing fable for every child's library (and one that includes a delightfully innovative cover approach that requires the reader to unfasten the Velcroed cover for a fun unboxing effect!). It's a gift that keeps on giving. "Truly phenomenal . . . Kristen [Bell]'s favorite book we've read to the kids in a year." --Dax Shepard of the podcast "Armchair Expert" *A Modern Guide*

to Holistic Health + Wellness with Plants Discover the healing power of plants with Kathi Langelier, the award-winning herbalist behind Herbal Revolution Farm + Apothecary. In this beautiful and inspiring collection, Kathi shares her most popular and effective formulas to support your daily health and wellness. Renew each system of the body with uniquely crafted teas, tinctures, syrups, foods, body products and everything in between. Featured recipes include Elderberry Syrup with Reishi + Roots to strengthen the immune system, Gut-Soothing Tea to nourish your digestive system and Hang in There Elixir to help with anxiety. There is a magic to infusing plants in such simple solutions as water, oil or alcohol, and Kathi guides readers on their herbal journey with the kind of wisdom and care one can only acquire from many years of devoting their life completely to their art. Knowledge is power. Read these recipes, practice, get to know the plants living around you and listen to your body. By joining Kathi and gaining knowledge in this way, you create your own power to heal what troubles you, restore your vitality for life and maintain wellness throughout your body, mind and spirit. Describes the story of Deborah Sampson Gannett, who, in defiance of the rigid societal and social norms of her times, ran away from home, disguised herself as a man and helped fight against the British during the American Revolution. The #1 bestselling chapter book series of all time celebrates 25 years with new covers and a new, easy-to-use numbering system! It is a dark and snowy night when the Magic Tree House whisks Jack and Annie back to colonial times. General George Washington is about to lead his army in a sneak attack against their enemy. But now a terrible weather is making the great general question his plans. Can Jack and Annie keep history on track? The fate of the country rests in their hands! Did you know that there's a Magic Tree House book for every kid? Magic Tree House: Adventures with Jack and Annie, perfect for readers who are just beginning chapter books Merlin Missions: More challenging adventures for the experienced reader Super Edition: A longer and more dangerous adventure Fact Trackers: Nonfiction companions to your favorite Magic Tree House adventures Six-year-old Carmen Aguirre fled to Canada with her family following General Augusto Pinochet's violent 1973 coup in Chile. Five

years later, when her mother and stepfather returned to South America as Chilean resistance members, Carmen and her sister went with them, quickly assuming double lives of their own. At eighteen, Carmen became a militant herself, plunging further into a world of terror, paranoia and euphoria. *Something Fierce* takes the reader inside war-ridden Peru, dictator-ruled Bolivia, post-Malvinas Argentina and Pinochet's Chile in the eventful decade between 1979 and 1989. Dramatic, suspenseful and darkly comic, it is a rare first-hand account of revolutionary life and a passionate argument against forgetting. You have what it takes to change the world! This is the empowering message parenting author and podcaster Cindy Wang Brandt wants every child to hear and embrace. In this inspiring picture book she speaks to every child who sees injustice in the world, revealing that they already have inside themselves everything they need to make big, transformative change in the world--just as they are. Every kid is a revolutionary! You don't need to wait until you grow up. You don't even need any special skills. Kids who are loud, kids who are quiet, kids who make art, kids who are good at math, kids with lots of energy, kids who are good listeners--all kids have what it takes to make a difference. Lynnor Bontigao's vibrant illustrations feature a diverse group of children taking up a call to action and using their individual gifts to change the world. With a title that satirically mocks *It Takes a Village* by Hillary Clinton, *It Takes a Revolution: Forget the Scandal Industry!* details how our executive, legislative, and judicial branches of government have become thoroughly corrupt and failed the citizenry. Imploring Americans to turn away from the "scandal industry" of the cable news networks, which enrich themselves by magnifying crises—if not creating mass panic to boost ratings and advertising dollars—and offering false hope to lure viewers that there will be justice to remedy government corruption, the author Larry Klayman, both the founder of Judicial Watch and now Freedom Watch, offers concrete solutions for creating a federal judiciary and instituting citizens' grand juries. Quoting Founding Fathers like John Adams and Thomas Jefferson, Klayman explains above all that without ethics, morality, and religion, it will not matter how many times we change our forms of government or rules—there will be no lasting

liberty. This work is a call to arms during these times of crises, when government corruption has hit a “cancerous state.” The overriding message of *It Takes a Revolution: Forget the Scandal Industry!* is that Americans should turn off cable news, stop being entertained by it, get up off of the couch, and join the second American Revolution—albeit a peaceful and legal one—to restore the greatness of our nation in these trying and perilous times. Our continued existence hangs in the balance! A groundbreaking look at why our interactions with others hold the key to success, from the bestselling author of *Think Again* and *Originals* For generations, we have focused on the individual drivers of success: passion, hard work, talent, and luck. But in today’s dramatically reconfigured world, success is increasingly dependent on how we interact with others. In *Give and Take*, Adam Grant, an award-winning researcher and Wharton’s highest-rated professor, examines the surprising forces that shape why some people rise to the top of the success ladder while others sink to the bottom. Praised by social scientists, business theorists, and corporate leaders, *Give and Take* opens up an approach to work, interactions, and productivity that is nothing short of revolutionary. Bestselling author Lauren Tarshis tackles the American Revolution in this latest installment of the groundbreaking, *New York Times* bestselling *I Survived* series. Andi lives in New York and is dealing with the emotional turmoil of her younger brother's accidental death. Alex lives in Paris and is a companion to the dauphin, the young son of Marie-Antoinette and Louis XVI, during the violent days of the French Revolution. When Andi is sent to Paris to get her out of the trouble she's so easily enveloped by in New York, their two stories collide, and Andi finds a way to reconcile herself not only to her past but also to her future. This is a heart-wrenchingly beautiful, evocative portrait of lives torn apart by grief and mended by love. This coming-of-age memoir, set during the Iranian Revolution, tells the true story of a young girl who moves to Tehran from the U.S. and has to adjust to living in a new country, learning a new language, and starting a new school during one of the most turbulent periods in Iran's history. When five-year-old Nioucha Homayoonfar moves from the U.S. to Iran in 1976, its open society means a life with dancing, women's rights, and

other freedoms. But soon the revolution erupts and the rules of life in Iran change. Religion classes become mandatory. Nioucha has to cover her head and wear robes. Opinions at school are not welcome. Her cousin is captured and tortured after he is caught trying to leave the country. And yet, in the midst of so much change and challenge, Nioucha is still just a girl who wants to play with her friends, please her parents, listen to pop music, and, eventually, have a boyfriend. Will she ever get used to this new culture? Can she break the rules without consequences? Nioucha's story sheds light on the timely conversation about religious, political, and social freedom, publishing in time for the 40th anniversary of the Iranian Revolution. From New York Times bestselling and award-winning author Renée Watson comes a new YA novel - a love story about not only a romantic relationship but how a girl finds herself and falls in love with who she really is. 'Reading a Renée Watson novel is like having an intimate conversation with a friend'

Brandy Colbert 'deftly crafted, big-hearted, beautiful, funny, honest, and inspiring' Nicola Yoon When Nala Robertson reluctantly agrees to attend an open mic night for her cousin-sister-friend Imani's birthday, she finds herself falling in instant love with Tye Brown, the MC. He's perfect, except . . . Tye is an activist and is spending the summer putting on events for the community when Nala would rather watch movies and try out the new seasonal flavors at the local creamery. In order to impress Tye, Nala tells a few tiny lies to have enough in common with him. As they spend more time together, sharing more of themselves, some of those lies get harder to keep up. As Nala falls deeper into keeping up her lies and into love, she'll learn all the ways love is hard, and how self-love is revolutionary. In *Love Is a Revolution*, plus size girls are beautiful and get the attention of the hot guys, the popular girl clique is not shallow but has strong convictions and substance, and the ultimate love story is not only about romance but about how to show radical love to the people in your life, including to yourself. An urgent manifesto and a dramatic memoir of awakening, this is the story of revolutionary love. Finalist for the Dayton Literary Peace Prize • “In a world stricken with fear and turmoil, Valarie Kaur shows us how to summon our deepest wisdom.”—Elizabeth Gilbert, author of *Eat Pray*

Love How do we love in a time of rage? How do we fix a broken world while not breaking ourselves? Valarie Kaur—renowned Sikh activist, filmmaker, and civil rights lawyer—describes revolutionary love as the call of our time, a radical, joyful practice that extends in three directions: to others, to our opponents, and to ourselves. It enjoins us to see no stranger but instead look at others and say: You are part of me I do not yet know. Starting from that place of wonder, the world begins to change: It is a practice that can transform a relationship, a community, a culture, even a nation. Kaur takes readers through her own riveting journey—as a brown girl growing up in California farmland finding her place in the world; as a young adult galvanized by the murders of Sikhs after 9/11; as a law student fighting injustices in American prisons and on Guantánamo Bay; as an activist working with communities recovering from xenophobic attacks; and as a woman trying to heal from her own experiences with police violence and sexual assault. Drawing from the wisdom of sages, scientists, and activists, Kaur reclaims love as an active, public, and revolutionary force that creates new possibilities for ourselves, our communities, and our world. See *No Stranger* helps us imagine new ways of being with each other—and with ourselves—so that together we can begin to build the world we want to see. When Warren Buffett was asked why the Gillette board of directors chose Jim Kilts to be CEO, he said, “Jim made as much sense in terms of talking about business as anybody I’ve ever talked to. If you listen to Jim analyze a business situation you get absolutely no baloney. And, frankly, finding someone like that is a rarity.” There is only one CEO in recent times who has faced—and succeeded at—the extraordinary challenges of leading three major companies—Gillette, Nabisco, and Kraft—into prosperous futures by doing what matters on the fundamentals. That CEO is Jim Kilts. In this vivid first-person account he reveals his system for success that is both cutting-edge and back-to-basics. *Doing What Matters*—the action plan for identifying and tackling what’s important and ignoring the rest—is the key to winning in a warp-speed world where the need for revolutionary speed and decisiveness increases by the day. Kilts illustrates his ideas with colorful stories, such as “that little red razor.” A new product idea he proposed early on at Gillette, it was

initially shelved because “everyone knew you couldn’t sell a red razor,” but went on to become one of Gillette’s biggest marketing successes ever. Jim Kilts’s focus on both business fundamentals and personal attributes provides the “complete package,” showing how to get results that make a difference through:

- Intellectual integrity: The ability to face the unvarnished truth about yourself and your business and using what you see as the basis for action.
- Generating emotional engagement and enthusiasm: Using the force of your personality and ideas to infuse people and an entire organization with a sense of purpose and mission.
- Action: Gillette, with just five product lines, had over 20,000 SKUs. After studying the issue for over two years, there were still 20,000. How Kilts got Gillette off the dime to pare down the number to 7,000 almost overnight is an astonishing example of getting the rubber to meet the road—with enormous benefits to the business.
- Understanding the right things through an overarching concept to frame and filter issues: For Jim Kilts it was Total Brand Value, the framework he used in the consumer products industry for achieving better, faster, and more complete results than the competition.

Whether you’re CEO of a multibillion-dollar global company, the brand manager for a product, an entrepreneur starting a small business, or just beginning a career, *Doing What Matters* provides the practical ideas that get results—ranging from a day one action plan for starting a new job to a chorus of cheers and support to a program of total innovation that involves everyone in changes from small to “big bang.”

*Give and Take: Why Helping Others Drives Our Success* by Adam Grant | Conversation Starters Adam Grant, the bestselling author of *Originals*, gives us a revolutionary look at the reasons why our interactions with others lead to success. Grants talks about how we need to stop focusing on what drives us to success individually, like passion, talent, luck, and hard work, and start paying attention to how we interact with others, our approach to work and our productivity. The author explains what forces are behind the success of some people, and the failure of others. The *Financial Times* described “Give and Take” as an excellent book with profound implications that shatters the idea that people who put themselves first always achieve success. “Give and Take” quickly reached The New York Times bestseller list when it was

published in 2014. It is also a Wall Street Journal bestseller and it was translated into 30 languages. A Brief Look Inside: EVERY GOOD BOOK CONTAINS A WORLD FAR DEEPER than the surface of its pages. The characters and their world come alive, and the characters and its world still live on. Conversation Starters is peppered with questions designed to bring us beneath the surface of the page and invite us into the world that lives on. These questions can be used to.. Create Hours of Conversation: • Foster a deeper understanding of the book • Promote an atmosphere of discussion for groups • Assist in the study of the book, either individually or corporately • Explore unseen realms of the book as never seen before. In twenty-two original essays, leading historians reveal the radical impulses at the founding of the American Republic. Here is a fresh, new reading of the American Revolution that gives voice and recognition to a generation of radical thinkers and doers whose revolutionary ideals outstripped those of the “Founding Fathers.” While the Founding Fathers advocated a break from Britain and espoused ideals of republican government, none proposed significant changes to the fabric of colonial society. Yet during this “revolutionary” period some people did believe that “liberty” meant “liberty for all” and that “equality” should be applied to political, economic, and religious spheres. Here are the stories of individuals and groups who exemplified the radical ideals of the American Revolution more in keeping with our own values today. This volume helps us to understand the social conflicts unleashed by the struggle for independence, the Revolution’s achievements, and the unfinished agenda it left to future generations to confront. “A welcome antidote to our toxic hustle culture of burnout.”—Arianna Huffington “This book is so important and could truly save lives.”—Elizabeth Gilbert “A clarion call to work smarter [and] accomplish more by doing less.”—Adam Grant We work feverishly to make ourselves happy. So why are we so miserable? Despite our constant search for new ways to optimize our bodies and minds for peak performance, human beings are working more instead of less, living harder not smarter, and becoming more lonely and anxious. We strive for the absolute best in every aspect of our lives, ignoring what we do well naturally and reaching for a bar that keeps rising higher

and higher. Why do we measure our time in terms of efficiency instead of meaning? Why can't we just take a break? In *Do Nothing*, award-winning journalist Celeste Headlee illuminates a new path ahead, seeking to institute a global shift in our thinking so we can stop sabotaging our well-being, put work aside, and start living instead of doing. As it turns out, we're searching for external solutions to an internal problem. We won't find what we're searching for in punishing diets, productivity apps, or the latest self-improvement schemes. Yet all is not lost—we just need to learn how to take time for ourselves, without agenda or profit, and redefine what is truly worthwhile. Pulling together threads from history, neuroscience, social science, and even paleontology, Headlee examines long-held assumptions about time use, idleness, hard work, and even our ultimate goals. Her research reveals that the habits we cling to are doing us harm; they developed recently in human history, which means they are habits that can, and must, be broken. It's time to reverse the trend that's making us all sadder, sicker, and less productive, and return to a way of life that allows us to thrive. Once in a blue moon an idea comes along that once heard seems so obvious that you wonder why somebody hasn't written about it before. Amanda Owen's *The Power of Receiving: A Revolutionary Approach to Giving Yourself the Life You Want and Deserve* presents a new paradigm for the 21st century—a philosophy that values receiving as much as giving and demonstrates that giving is enhanced when receiving is embraced. With the formula: Believe + Receive = Achieve, *The Power of Receiving* presents a wholly original yet easily accessible road map for people to follow, showing readers how to restore balance to their over-extended lives and attract the life they desire and deserve. Inspiring stories are featured about people who have experienced life-altering results after becoming skilled Receivers, including Ken who regained his hearing after a devastating hearing-loss, Julie who met the man she would later marry, and Don who received an extra \$1,000 a month in his pay check. Based on over twenty years of research into the nature of receptivity and its link to manifestation, *The Power of Receiving* offers a unique vision for anyone seeking to create greater reciprocity in their relationships and more harmony and abundance in

their lives. Winner of the George Washington Prize Winner of the Barbara and David Zalaznick Book Prize in American History Winner of the Excellence in American History Book Award Winner of the Fraunces Tavern Museum Book Award From the bestselling author of the Liberation Trilogy comes the extraordinary first volume of his new trilogy about the American Revolution Rick Atkinson, author of the Pulitzer Prize-winning *An Army at Dawn* and two other superb books about World War II, has long been admired for his deeply researched, stunningly vivid narrative histories. Now he turns his attention to a new war, and in the initial volume of the Revolution Trilogy he recounts the first twenty-one months of America's violent war for independence. From the battles at Lexington and Concord in spring 1775 to those at Trenton and Princeton in winter 1777, American militiamen and then the ragged Continental Army take on the world's most formidable fighting force. It is a gripping saga alive with astonishing characters: Henry Knox, the former bookseller with an uncanny understanding of artillery; Nathanael Greene, the blue-eyed bumpkin who becomes a brilliant battle captain; Benjamin Franklin, the self-made man who proves to be the wiliest of diplomats; George Washington, the commander in chief who learns the difficult art of leadership when the war seems all but lost. The story is also told from the British perspective, making the mortal conflict between the redcoats and the rebels all the more compelling. Full of riveting details and untold stories, *The British Are Coming* is a tale of heroes and knaves, of sacrifice and blunder, of redemption and profound suffering. Rick Atkinson has given stirring new life to the first act of our country's creation drama. #1 New York Times Best Seller Named a Best Book of 2017 by Barnes & Noble and Amazon From Facebook's COO and Wharton's top-rated professor, the #1 New York Times best-selling authors of *Lean In* and *Originals*: a powerful, inspiring, and practical book about building resilience and moving forward after life's inevitable setbacks. After the sudden death of her husband, Sheryl Sandberg felt certain that she and her children would never feel pure joy again. "I was in 'the void,'" she writes, "a vast emptiness that fills your heart and lungs and restricts your ability to think or even breathe." Her friend Adam Grant, a psychologist at Wharton, told her there are concrete steps

people can take to recover and rebound from life-shattering experiences. We are not born with a fixed amount of resilience. It is a muscle that everyone can build. Option B combines Sheryl's personal insights with Adam's eye-opening research on finding strength in the face of adversity. Beginning with the gut-wrenching moment when she finds her husband, Dave Goldberg, collapsed on a gym floor, Sheryl opens up her heart—and her journal—to describe the acute grief and isolation she felt in the wake of his death. But Option B goes beyond Sheryl's loss to explore how a broad range of people have overcome hardships including illness, job loss, sexual assault, natural disasters, and the violence of war. Their stories reveal the capacity of the human spirit to persevere . . . and to rediscover joy. Resilience comes from deep within us and from support outside us. Even after the most devastating events, it is possible to grow by finding deeper meaning and gaining greater appreciation in our lives. Option B illuminates how to help others in crisis, develop compassion for ourselves, raise strong children, and create resilient families, communities, and workplaces. Many of these lessons can be applied to everyday struggles, allowing us to brave whatever lies ahead. Two weeks after losing her husband, Sheryl was preparing for a father-child activity. "I want Dave," she cried. Her friend replied, "Option A is not available," and then promised to help her make the most of Option B. We all live some form of Option B. This book will help us all make the most of it. An urgent and accessible handbook for peaceful protesters, activists, and community organizers—anyone trying to defend their rights, hold their government accountable, or change the world

Blueprint for Revolution will teach you how to

- make oppression backfire by playing your opponents' strongest card against them
- identify the "almighty pillars of power" in order to shift the balance of control
- dream big, but start small: learn how to pick battles you can win
- listen to what people actually care about in order to incorporate their needs into your revolutionary vision
- master the art of compromise to bring together even the most disparate groups
- recognize your allies and view your enemies as potential partners
- use humor to make yourself heard, defuse potentially violent situations, and "laugh your way to victory"

Praise for Blueprint for Revolution "The title is no

exaggeration. Otpor's methods . . . have been adopted by democracy movements around the world. The Egyptian opposition used them to topple Hosni Mubarak. In Lebanon, the Serbs helped the Cedar Revolution extricate the country from Syrian control. In Maldives, their methods were the key to overthrowing a dictator who had held power for thirty years. In many other countries, people have used what Canvas teaches to accomplish other political goals, such as fighting corruption or protecting the environment.”—The New York Times “A clear, well-constructed, and easily applicable set of principles for any David facing any Goliath (sans slingshot, of course) . . . By the end of *Blueprint*, the idea that a punch is no match for a punch line feels like anything but a joke.”—The Boston Globe “An entertaining primer on the theory and practice of peaceful protest.”—The Guardian “With this wonderful book, Srdja Popovic is inspiring ordinary people facing injustice and oppression to use this tool kit to challenge their oppressors and create something much better. When I was growing up, we dreamed that young people could bring down those who misused their power and create a more just and democratic society. For Srdja Popovic, living in Belgrade in 1998, this same dream was potentially a much more dangerous idea. But with an extraordinarily courageous group of students that formed Otpor!, Srdja used imagination, invention, cunning, and lots of humor to create a movement that not only succeeded in toppling the brutal dictator Slobodan Milošević but has become a blueprint for nonviolent revolution around the world. Srdja rules!”—Peter Gabriel “*Blueprint for Revolution* is not only a spirited guide to changing the world but a breakthrough in the annals of advice for those who seek justice and democracy. It asks (and not heavy-handedly): As long as you want to change the world, why not do it joyfully? It's not just funny. It's seriously funny. No joke.”—Todd Gitlin, author of *The Sixties* and *Occupy Nation* “An invaluable operating manual,” says Tony Hsieh, Zappos CEO and author of *Delivering Happiness*. Using brilliantly simple logic that illuminates the universal truths in common emotional challenges, popular motivational speaker and bestselling author Chip Conley has written “a fresh, original guide to an authentic and fulfilling life.”\* With a foreword by Tony Hsieh, CEO of Zappos and author of

Delivering Happiness When Chip Conley, dynamic author of the bestselling *Peak*, suffered a series of devastating personal and professional setbacks, he began using what he came to call “Emotional Equations” (such as  $\text{Joy} = \text{Love} - \text{Fear}$ ) to help him focus on the variables in life that he could handle, rather than dwelling on the parts he couldn’t, such as the bad economy, death, and taxes. Using brilliantly simple logic that illuminates the universal truths in common emotional challenges, *Emotional Equations* offers a way to identify the elements in our lives that we can change, those we can’t, and how to better understand our emotions so they can help us . . . rather than hurt us. Equations like “ $\text{Despair} = \text{Suffering} - \text{Meaning}$ ” and “ $\text{Happiness} = \text{Wanting What You Have} \div \text{Having What You Want}$ ” have been reviewed for mathematical and psychological accuracy by experts. Now Conley tells his own comeback story and those of other resilient people and inspiring role models who have worked through emotional equations in their own lives. *Emotional Equations* arms you with practical strategies for turbulent times. A groundbreaking look at why our interactions with others hold the key to success, from the bestselling author of *Think Again* and *Originals* For generations, we have focused on the individual drivers of success: passion, hard work, talent, and luck. But in today’s dramatically reconfigured world, success is increasingly dependent on how we interact with others. In *Give and Take*, Adam Grant, an award-winning researcher and Wharton’s highest-rated professor, examines the surprising forces that shape why some people rise to the top of the success ladder while others sink to the bottom. Praised by social scientists, business theorists, and corporate leaders, *Give and Take* opens up an approach to work, interactions, and productivity that is nothing short of revolutionary. Trying to remember a bunch of details and tasks isn't the best use of your brainpower. By collecting all of your tasks in one place, you can reserve your mental energy for work that drives significant results, both in your professional life and your personal life. To start, productivity expert Maura Thomas takes us through an exercise called "brain dumping," which will clear your mind of all the things you're trying to remember you have to do—all the things that are distracting you or keeping you up at night.

She then shows us the right way to use a calendar, the tools you'll need to succeed, and a better way of categorizing your tasks in order to identify the best use of your time and inspire you to take action. This is not another book on time management; this is a book on how to take back control of your busy life. Not only will you be focusing on the things that truly matter, but you'll also experience boosts in your mood and mindset—you'll feel more in control and less overwhelmed; you'll feel a greater sense of accomplishment now that you're focusing on what's truly important to you. A practical and spiritual guide for working moms to learn how to have more by doing less. This is a book for working women and mothers who are ready to release the culturally inherited belief that their worth is equal to their productivity, and instead create a personal and professional life that's based on presence, meaning, and joy. As opposed to focusing on "fitting it all in," time management, and leaning in, as so many books geared at ambitious women do, this book embraces the notion that through doing less women can have--and be--more. The addiction to busyness and the obsession with always trying to do more leads women, especially working mothers, to feel like they're always failing their families, their careers, their spouses, and themselves. This book will give women the permission and tools to change the way they approach their lives and allow them to embrace living in tune with the cyclical nature of the feminine, cutting out the extraneous busyness from their lives so they have more satisfaction and joy, and letting themselves be more often instead of doing all the time. Do Less offers the reader a series of 14 experiments to try to see what would happen if she did less in one specific way. So, rather than approaching doing less as an entire life overhaul (which is overwhelming in and of itself), this book gives the reader bite-sized steps to try incorporating over 2 weeks! Young fans of the smash Broadway hit "Hamilton" will enjoy this narrative nonfiction picture book story about the important friendship between George Washington and the Marquis de Lafayette during the Revolutionary War. Lafayette has come to America to offer his services to the patriotic cause. Inexperienced but dedicated, he is a much-needed ally and not only earns a military position with the Continental Army but also

Washington's respect and admiration. This picture book presents the human side of history, revealing the bond between two famous Revolutionary figures. Both the author and illustrator worked with experts and primary sources to represent both patriots and the war accurately and fairly. "Taking Sides is more than a book; it's a politic aimed at the heart of every radical struggling against a racist state."

—Luis A. Fernandez, author of *Policing Dissent*

Taking Sides is a critical response to divisive debates within current movements against police violence and white supremacy, especially since Michael Brown's murder. These sharp interventions ask activists to avoid easy—and safe—answers and take on the hard work of building real grassroots solidarity across racial lines. Cindy Milstein is author of *Anarchism and Its Aspirations*. Her essays appeared in *Realizing the Impossible*, *Confronting Capitalism*, and *Globalize Liberation*. In September 2017, Hurricane Maria hit Puerto Rico, completely upending the energy grid of the small island. The nearly year-long power outage that followed vividly shows how the new climate reality intersects with race and access to energy. The island is home to brown and black US citizens who lack the political power of those living in the continental US. As the world continues to warm and storms like Maria become more commonplace, it is critical that we rethink our current energy system to enable reliable, locally produced, and locally controlled energy without replicating the current structures of power and control. In *Revolutionary Power*, Shalanda Baker arms those made most vulnerable by our current energy system with the tools they need to remake the system in the service of their humanity. She argues that people of color, poor people, and indigenous people must engage in the creation of the new energy system in order to upend the unequal power dynamics of the current system. *Revolutionary Power* is a playbook for the energy transformation complete with a step-by-step analysis of the key energy policy areas that are ripe for intervention. Baker tells the stories of those who have been left behind in our current system and those who are working to be architects of a more just system. She draws from her experience as an energy-justice advocate, a lawyer, and a queer woman of color to inspire activists working to build our new energy system.

Climate change will force us to rethink the way we generate and distribute energy and regulate the system. But how much are we willing to change the system? This unique moment in history provides an unprecedented opening for a deeper transformation of the energy system, and thus, an opportunity to transform society. Revolutionary Power shows us how.

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